

Get Connected. Get Answers

In Tennessee, you can dial 2-1-1 to connect to health and human services, including:

- Childcare Resource & Referral
- Clothing & Thrift Stores
- Consumer Services
- Crisis Services
- Disability Services
- Domestic and Sexual Violence Programs
- Education Services
- Employment Services
- Financial Assistance
- Food Pantries
- Housing Services
- Legal Services
- Medical Care
- Mental Health Care & Counseling
- Prescription Assistance
- Senior Services
- Substance Abuse Treatment Programs
- Support Groups
- Transportation
- Utility Assistance
- Veterans Services
- Volunteer Opportunities & Donations
- And Much More!!!

Find Help • Give Help



Want to Get Involved?

For more information or if you are interested in volunteering or supporting the program, just dial 2-1-1 or

865-215-4211

Visit us on the Internet at:
www.211tn.org

Or write to:
East Tennessee 2-1-1
Knoxville-Knox County CAC Office on
Aging
P.O. Box 51650
Knoxville, TN 37950-1650



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What is 2-1-1?

Every hour of every day, someone in East Tennessee needs help – from finding housing or substance abuse services to securing adequate day care for a child or an aging parent. People often don't know where to turn or who to call for assistance. That's where 2-1-1 comes in.

2-1-1 is a free, easy-to-remember number that connects individuals with vital community resources they need. Whether you are looking for a volunteer opportunity or need assistance finding food or shelter, 2-1-1 can locate the services you need. Trained specialists listen to callers and assess their situation, help them find the answers to their questions, and provide them with the information they need.

Dial 2-1-1 or

865-215-4211

Who Needs 2-1-1?

Individuals needing assistance with rent or utilities, employment resources, transportation, food pantries, clothing, counseling, or health related programs.

Parents looking for quality childcare services, parenting classes, recreational activities, mentoring programs, or family counseling.

Social Workers and other Professionals trying to find resources for their clients, including mental health care, support groups, and financial assistance.

Employers and Businesses that want to provide additional support to employees, including substance abuse programs, job training, and family support services.

Community Organizations that can use 2-1-1 to coordinate resources available to the community following a disaster or emergency.

Seniors and Their Caregivers needing resources to support them to include adult day care, home delivered meals, caregiver support groups, transportation, senior centers, home health, and medication assistance.

www.211tn.org

What Others are Saying About 2-1-1

"Thank you for taking the time to answer my questions and for making me feel like my problems are important. All the answers I needed, I found by calling you."
–*Mary, single mother of three who was recently laid off from her job*

"You're the first place I call whenever I need information. You've never led me wrong!" –*Jane, Social Worker*

"For six months I've called and called numerous organizations looking for help and answers. You've helped me more and provided more answers in this one call than I've received in the past six months combined. I certainly know who to call from now on whenever I need help! Thank you!" –*Simon, diagnosed with colon cancer six months ago*

"Everyone should have you on speed dial! I feel like there's hope after talking with you!" –*Max, military vet living on the streets*

Nationwide Status

2-1-1 serves over 240 million Americans (over 80% of the entire population) covering all or part of 46 states plus Washington DC and Puerto Rico. The remaining states are all in various stages of planning and implementation. 2-1-1 has been serving East Tennessee since June 2000.