



For a complete list of resources, please visit
UnitedWayBlount.org/Get-Help or call 865-982-2251.

Centro Hispano de East Tennessee's
Spanish Referrals: 865-522-0052

24/7 Crisis Hotlines

Child Abuse (DCS).....1-877-237-0004
Domestic Violence (Haven House).....865-982-1087
Elder Abuse (APS).....1-888-277-8366
Sexual Assault (McNabb Center).....865-522-7273
Suicide, Mental Health, and Substance Use.....988

Alcohol & Drug Treatment

McNabb Center.....1-800-255-9711
True Purpose Ministries.....865-681-4861
24/7 TN Redline Referrals.....1-800-889-9789

Child & Youth Services

Boys & Girls Club.....865-232-1240
Child Care Resource & Referral.....www.tnccrr.org

Disability & Senior Services

BC Community Action Agency.....865-983-8411
Senior Citizens Home Assistance.....865-983-4710
SMiles (Transportation 60+).....865-724-1331
SOAR TN.....865-324-6100
SPARK (Medical Equipment).....865-219-0130

Homelessness

A Place to Stay865-606-0714
Family Promise865-233-4737
Firm Foundations (McNabb Center)....865-257-6706

Rent, Utilities, Legal, and Other Support

East Maryville Baptist Church.....865-982-4960
Good Neighbors.....865-681-5420
Legal Aid of East TN.....865-981-1818
Salvation Army.....865-983-7135
Veteran Affairs, Blount County.....865-273-5760

Family Resource Centers

Alcoa City Schools.....865-984-0531 ext. 1109
Blount County Schools.....865-980-1364
Maryville City Schools.....865-982-6473

Mental Health & Group Support

Appalachian OUTReach (LGBTQ+).....	865-268-9098
BC Foster Parent Association	865-407-7190
Celebrate Recovery, Maryville	865-982-1273
Compassion Counseling	865-724-2325
Grandparents as Parents	865-524-2786
McNabb Center	865-681-6990

Food Resources

Chilhowee Baptist Center.....	865-981-2992
Church of the Cove (Townsend).....	865-448-1929
Community Food Connection.....	865-977-4400
CROSS Ministries (Seymour)	865-579-6192
Manna Outreach Ministries	865-980-8191
Meals on Wheels (60+).....	865-983-8411 ext.1
Second Harvest	865-521-0000

Hot Meals

Everett Hills Baptist Church	865-982-7890
Monday 5:30—6:30pm	
New Providence Presbyterian	865-983-0182
Tuesday 5:00-6:00pm	
Church of the Cove	865-448-1929
Wednesday 6:00-6:30pm	
1st United Methodist, Maryville.....	865-982-1273
Thursday 5:00-6:00pm	
Broadway UMC, Salvation Army.....	865-983-7135
Friday 11:00am-1:00pm	
First Baptist Maryville	865-982-5531
Friday 5:00-6:00pm	

Health Care

Health Department.....	865-983-4582
Hearing & Speech Foundation.....	865-977-0981
Insure All Tennessee.....	844-644-5443
River Valley Health.....	1-866-231-4477
Trinity Dental Clinic.....	865-681-0770

Get connected to local community services:

Call 211 or 865-215-4211

**Available Monday through Friday from 8am to 4pm
or**

Visit <https://uwgk.org/211-2/>